

Northside Striders Invitational Track Meet (A)

Pre-Registration - www.ns-striderstrack.com

Saturday May 5, 2018

Klein Memorial Stadium 16607 Stuebner Airlines Rd. Spring, Texas 77379

Meet Director: Tony Jones Pre- Registration: tony2020@comcast.net

Pre-Registration is available for athletes and spectators \$6.00 ** PayPal will be available at the gate

Admission Athletes and Spectators \$7.00 at the gate (Kids under 5 admitted Free) 6 Uniform Coaches Dress Free

Awards – Medals 1st – 3rd Ribbons 4th – 6th / Coaches Relay awards 1st place trophies

ORDER OF EVENTS: (Rolling Schedule starting at 9:00am)

 3000m Run
 11yrs & Up (Sub Midget – UP)

 1500 / 3000 m Race Walk
 9 yrs. & UP (Sub Bantam – UP)

 80 Hurdles
 11 yrs. (Sub –Midget – Midget 30")

100 Hurdles 13 – 14 yrs. (Sub Youth – Youth Boys & Girls 33"

100 Hurdles 15 yrs. Intermediate & Up Girls 33" 110 Hurdles 15 yrs. Intermediate & U Boys 39

Munchkin Race 50 meters (5 and under)

100m 8 & Under – 12 yrs. (Primary – Midget)

200m 13 yrs. & Up. (Sub Youth – Up) 4 x 800 Relay 12 yrs. & Up (Youth – Up) *

4 x 100 R Coaches Male / Female **Team Tee Shirts Only**

4 x 100 ALL

400m 8 yrs. & Under – 12 yrs. (Primary – Midget)

800 Meter Run 13 Yrs. & Ups (Youth - UP)

1500m Run ALL

4 x 400 R 9-10 yrs. & Up (Bantam – Up) Field Events: 3 attempts in all Field Events (Start time – (9:00am)

High Jump - 9 Yrs. & Up. (Sub Bantam - Up)

Long Jump (Oldest to Youngest)

Discuss - 11 Yrs. (Sub Midget – Up)

Shot Put - ALL

Turbo Javelin - 8 & Under - 12 Yrs. (Primary - Midget)

- *This event is sanctioned by the Amateur Union of the U.S., Inc.
- * All participants must have a current AAU membership.
- * AAU membership may not be included as part of the entry fee to the event.
- * AAU membership must be obtained before the competition begins.
- *BE PREPARED! Adults and Non- Athletes memberships are no longer instant and cannot be applied for at event
- * Please allow at least 10 days for membership to be processed
- * Participants are encouraged to visit the AAU website www.aausports.org to obtain their membership.
- ** All un- used Bands must be return by 10:00am for refund

For More Information:

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