

Northside Striders Aldine Track Club

April 30, 2011

DeKaney High School
22351 Imperial Valley
Houston, Texas 77073

Tony and Tangela
Meet Directors
281-799-2265
281-468-5387



\$5.00 Participants
\$5.00 Spectators
Children under 5 free
5 uniformed coaches
free. AAU Sanction
Event.

ORDER of EVENTS

3000m.....Sub-Bantam & Up
4x100m Relay.....ALL
400m.....ALL
Lollipop Run.....5 and under
100m.....Primary -Youth
800m.....ALL
Coaches Relay 4x100m..25 & Up
200m.....Sub-Bantam- Up
1500m run.....Bantam-Youth
4x400m.....Midget-Up
“Special Thanks Go Out To All Our
Sponsors”

AWARDS
Medals for 1st
Ribbons for 2nd -6th

Coaches Meeting 9:00 a.m.
Field Events-9:30 a.m.
Running Events-9:30 a.m.
High Jump...Sub-bantam & Up
Long Jump.....ALL
Shot Put....ALL
Discuss...Sub Midget & Up

AGE DIVISIONS “2011”

Primary	2003& after
Sub-bantam	2002
Bantam	2001
Sub-Midget	2000
Midget	1999
Sub-Youth	1998
Youth	1997
Intermediate	1996-1995
Young Men/Women	1994-1993

* Beltway 8 North to 45 North.
Exit (66A) 1960, quick right on
Bammel (side street after Goodson
Honda)
School ½ mile on the right.
* I-45 North, exit 1960, Turn right,
go to 1st light Rt. on Imperial
Valley.