

*Northside Striders Aldine Youth
Track & Field*

Annual Invitational Meet

May 19, 2012

LOCATION: Westfield High School Spring ISD (Track)
16713 Ella Blvd.

Houston, Texas 77090

Meet Director: Tony Jones, 281-799-2265

tony2020@comcast.net

Registration: Gates Open at 7:00am and Coaches Meeting 8:30am

FEE: \$5 per Athlete/ Spectators \$ 5 / 7 uniformed coaches free

TIME: Running Events Starts at 9:00am /Field Events 9:30

Awards: Medals 1st place, Ribbons 2nd -6th place

ORDER OF EVENTS

3000m Run (Sub-Midget &Up)
1500 Race walk (Sub-Bantam- Midget)
80m Hurdles (Sub-Midget –Midget 30")
100m Hurdles (Intermediate &Up Girls 33")
110m Hurdles (Intermediate &Up Boys 39")
100m Dash (Primary-Youth)
800 (Primary- Youth)
4x100m Relay (All)
4x100m Relay (Parent)
400m Dash (All-Oldest to Youngest)
Munchkin Race (5 and Under-50m)
200m Dash (Midget-Up)
1500m Run (All)
4x400m Relay (Bantam-Up)

Field Events*

High Jump (Sub-Bantam-Up)

Long Jump (Oldest to Youngest)

Shot Put (Primary-Up)

Discuss (Sub-Midget-Up)

**Competitors should bring their own implements to be used at Meet.*

- This event is sanctioned by the Amateur Athletic Union of the U. S., Inc.
- All participants must have a current AAU membership.
- AAU membership may not be included as part of the entry fee to the event.
- AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connect. Participants are encouraged to visit the AAU web site [HYPERLINK "http://aausports.org/default.asp?a=pg_membership.htm"](http://aausports.org/default.asp?a=pg_membership.htm) www.aausports.org to obtain their membership.

FOR MORE INFORMATION:

Tony Jones or Tangel Jones
281-799-2265 / 281-468-538